

February Newsletter

THE ANNUAL AEROBICS COMPETITION

Written by Ms. A. Andrews

This Annual Aerobics Competition has come and gone, but like every other year, it was an outstanding success! Many students, teachers, and parents came out. Everyone came out dressed in their exercise clothes and put in all their effort.

Like previous years, St. Anthony's College allowed many other schools to participate in this event. We were joined by St. James Secondary this year.



WHAT'S IN THIS MONTH'S ISSUE:

- Annual Aerobics
- Valentine's Sale
- Sports Day
- Carnival Showcase



Even though there were numerous participants, there can only be 3 students coming out on top. There were two victors from St. Anthony's College. We are proud to say that our very own Zackary Frank outlasted everyone else in this competition. Second place went to Alejandro Atwell. Lastly, representing St. James Secondary, we have Shaniah Marshall in third place.

Congrats to all those who won an award, and thank you to all those who took part in the Aerobics Competition, and we hope to see you all next year.

Pre Sports Day Events



DOUBLE POINT SPORTS

Before Sports Day and all the fun novelty games, there are a couple of pre sports day, double points events. There was Football, Basketball, Shot-Put and even a Duathlon. These games helped to build camaraderie among houses and to build competition for the big day. Plus extra points are always nice.

MARCH PASS

Another great part of Sports Day is the March Pass. Over the course of three weeks, every house had the chance to pull their best marchers and come up with their routine. This is always the event that starts off Sports Day and helps each house gain even more points. Every house put their best foot forward this year to make their march pass unforgettable.



!GO TIGERS GO!

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St. Anthony's Sports Day

THE SPORTS DAY

Thursday 20th February, 2025 was the big day. St. Anthony's College Annul Sports Day. Students looked forward to this day every year. A day of sports, fun and healthy competition.

This year started strong with four amazing march passes done by each house. St. Peters came back this year to protect their crown and they did not disappoint us this year as they claimed victory, yet again.



HOUSE RESULTS:

- 1st - St. Finbar's
- 2nd - St. Patrick's
- 3rd - St. Peter's
- 4th - St. John's



However, as the progressed, we were able to see the extraordinary talent in all four houses come to the forefront. With each novelty event and race, the boys determination was heard with every shout, scream, and cheer.

But in the end, there has to be a victor, and points were added up. St. Finbar's (Red) walked away victorious. Congratulations to St. Finbar's on their well-deserved victory.

CARNIVAL SHOWCASE

A showcase of Colour and Culture



ORIGINAL SOCA

This year we had so much talent taking the stage. From veteran performers to a handful of newbies. We were able to see performances that showcased a wide range of talent. However, this year's winner was Joshua Thompson, who was performing for the last time and was determined to go out with a show to remember.

EXTEMPO

Extempo is for everyone who can think fast and hold a rhythm. This year we were grateful to have three students taking the stage. With the theme being 'Box Lunch,' we were left laughing with all that was said. Our very own Francois Sylvester of Form 6 took the prize for the Extempo category.

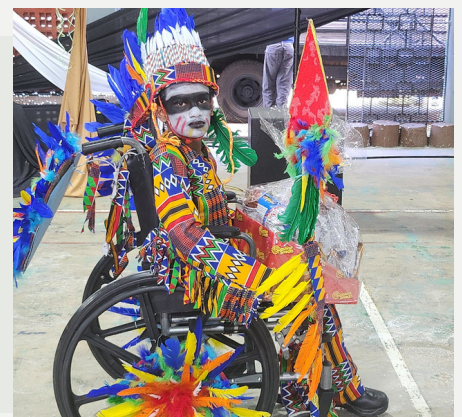


COVERS

Everybody has a favourite Soca song. The one they wait to hear and know all the lyrics too. This year we held a 'Covers' competition. While we had many performers, there can only be one winner. It was Joshua Thompson who was the victor in the Covers Competition.

COSTUME COMPETITION

This year we also had so many new traditional Carnival characters. There were Jabs Janbs, Clowns, Sailors, Midnight Robbers, and even Indians. We were able to see so many characters we didn't see last year. However, our last year's winner once again took the crown. Congratulations to our costume competition winner, Giovanni Renwick.



February was a culture and fun-filled month. Thank you to all the parents, teachers, and staff members who helped out, supported,, and participated in the various activities this month.